

**FULL GRILL** (not GF possible)

+ 2 eggs your way, free range streaky bacon, garlic mushrooms, 2 breakfast sausages, baked beans, handmade potato cake, 2 slices of grain toast and butter.....\$28

**EGGS BENEDICT** (GF possible)

+ 2 poached eggs, spinach, hollandaise and sourdough  
• add free range streaky bacon.....\$24  
• add house smoked salmon fillet.....\$25

**CLASSIC CORN FRITTERS** (Vegetarian)

+ fritter stack, sour cream, sweet chilli shooter, tomato salsa and guacamole.....\$22  
• add free range streaky bacon.....\$5

**PANCAKES**

+ maple syrup, berry compote and whipped cream.....\$21  
• add free range streaky bacon.....\$5

**OUR FAMOUS RISOTTO** (GF standard) (DF + Vegan possible)

+ chicken, mushrooms, thyme, walnuts, pesto and shaved parmesan - *Like a big hug in a bowl*.....\$24

**HANDMADE GNOCCHI** (GF possible)

+ rich Neapolitana sauce, roast vegetables, mushrooms and shaved parmesan.....\$22  
• add free range streaky bacon.....\$5  
• add grilled chicken.....\$5

**NOURISH BOWL** (Vegan/GF/DF)

Our popular bowl is served vegan standard  
+ falafel balls, quinoa, savoy cabbage, roast vegetables and beetroot hummus.....\$22  
• add dukkah poached egg.....\$25  
• add grilled chicken.....\$26  
• add house smoked salmon fillet.....\$26

**PORK BELLY WINTER SALAD** (DF)

+ sticky soy glazed pork belly, peanuts, crispy shallots, Vietnamese noodles, spring onion and greens.....\$25

**CAJUN PRAWN TACOS** (DF)

+ pineapple salsa, zesty slaw, lemon caper aioli and shoestring fries.....\$22

**PHILLY CHEESE STEAK ROLL**

+ scotch fillet, green capsicum, red onion, melted cheese and crispy onion rings.....\$24

**CHILLI BEEF BOWL** (GF + DF possible)

+ heartwarming bowl of mince with a kick, crispy polenta chips for dipping and zesty creme fraiche.....\$23  
• add poached egg.....\$3

**LAMBS FRY** (GF possible)

+ seared liver, double smoked bacon bits, fried onion, mash potato, fresh spinach, sourdough and creamy Marsala sauce.....\$23

**FRIES**

+ curly OR shoestring fries with t sauce and aioli.....\$10



**HOW WE ROLL**

Order up at the counter when you're ready.

If you have a large table, we are happy to take your order, just ask!

Please tell us if you have food allergies, don't just assume, especially coeliacs.

**Bagels**

\*gluten free bagels - 50c extra

**BEEF** (GF possible)

+ 6 hour slow cooked beef cheek, caramelised onion, blue cheese, and fresh spinach.....\$22

**BACON**

+ free range streaky bacon, fried egg, pesto and cream cheese.....\$20

**JAM**

+ raspberry jam and cream cheese...\$8

**Sides**

\*all are gluten free except breakfast sausage and potato cake

- free range streaky bacon.....\$6
- manuka smoked salmon.....\$9
- breakfast sausage.....\$3
- garlic mushrooms.....\$5
- wilted spinach.....\$3.50
- baked beans.....\$3.50
- handmade potato cake.....\$3
- free range egg your way.....\$3
- hollandaise sauce.....\$3
- slice of toast & butter.....\$3

- your choice of 5 grain, sourdough, keto OR gluten free bread

## Coffee

Americano / Long Black / Macchiato / Short Black.....	\$4.5
Cappuccino / Flat White / Hot Chocolate / Latte / Mochaccino.....	\$5/\$6
Gourmet White Chocolate Sante Bar.....	\$7
Hakanoa Certified Organic Chai Latte.....	\$5.5/\$6.5
Jug of Pouring Cream.....	\$1.5

## Kids

Hot Chocolate.....	\$5
Iced Chocolate (no cream)....	\$5
Fluffy.....	\$2.5
Banana Smoothie.....	\$6
Mango Smoothie.....	\$6

## Alternative Milk Options

Oat Milk / Coconut Milk / Soy Milk / Almond Milk.....all for \$1 extra

## Booze

	glass	bottle
DULCET Sparkling Brut Gisborne	\$11	\$50
CRAB FARM Chardonnay Hawkes Bay	\$12	\$55
SAUVIGNON BLANC of the Month	\$12	\$55
MOUNT BROWN Pinot Gris Wairarapa	\$12	\$55
MATAWIHI ESTATE 'Mt Hector' Pinot Noir Wairarapa	\$13	\$55
MOUNT BROWN Rosé Wairarapa	\$12	\$55
HEINEKEN / HEINEKEN LIGHT		\$8
CIDER / PALS (low carb)		\$9
PANHEAD PILSNER / PANHEAD PALE ALE		\$9.5

## Hakanoa Syrups

Certified Organic

Lemon, Honey & Ginger.....	\$6
Vanilla Syrup.....	\$1
Hazelnut Syrup.....	\$1
Caramel Syrup.....	\$1

## Iced Drinks

Iced Chocolate / Iced Coffee / Iced Mocha (with cream).....	\$7
Iced Latte (plain over ice).....	\$5.5
Iced Organic Vanilla.....	\$5.5
Iced Americano.....	\$5
Cold Pressed Orange Juice...	\$8

## Handmade Smoothies

Keto with Strawberry, Blueberry and Coconut Milk (sugar-free).....	\$9.5
Mango with Banana and Coconut Milk (DF).....	\$9.5
Green with Banana, Honey, Spinach and Milk.....	\$9.5
Mixed Berry with Honey and Water (DF).....	\$9.5

## Lighter Bites

MINI BREAKFAST (GF possible) + 1 fried egg , 2 bacon and 1 toast with butter.....	\$12
CHICKEN TACO (1x) + chicken, mesclun and aioli with shoestring fries.....	\$12
MINI PANCAKES (2x) + pancakes and maple syrup.....	\$12
• add free range streaky bacon.....	\$6
CHICKEN AND RICE (mini risotto) + chicken and cheese.....	\$12
SMALL CURLY OR SHOESTRING FRIES + tomato sauce.....	\$6